



Easy
Read
Online

Understanding LGBTQ+ History Month



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In this Easy Read document, hard words are in **bold**. We explain what these words mean in the sentence after we have used them.



Some words are [blue and underlined](#).

These are links that will go to another website which has more information.

About this booklet



This month is LGBTQ+ History Month.



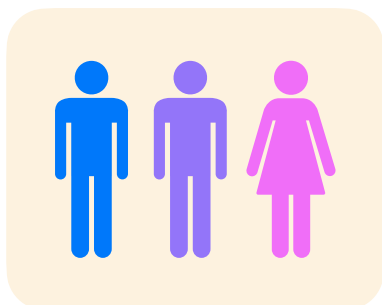
We have written an Easy Read document to help you understand:

- What LGBTQ+ means.
- Why we have an LGBTQ+ History Month.

What does LGBTQ+ mean?



LGBTQ+ means Lesbian, Gay, Bisexual, Trans, Queer and any other **gender** or **sexual orientation** that is not on the list.



Gender is whether you are a man, a woman or neither. It might be different from the gender you were given when you were born.



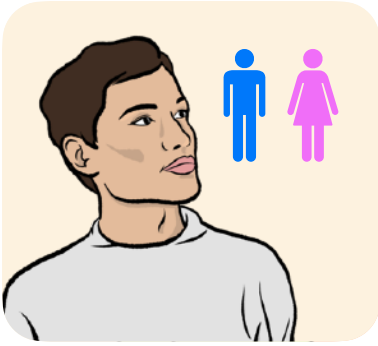
Sexual orientation is who you are attracted to.



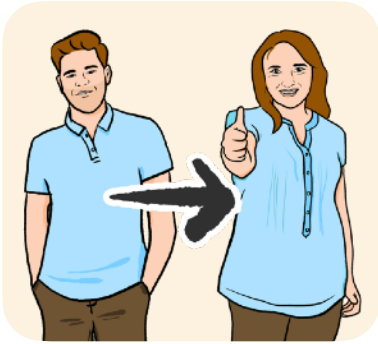
L is for **Lesbian**, which means women who are attracted to women.



G is for **Gay**, which means people who are attracted to the same gender.



B is for **Bisexual**, which means people who are attracted to more than 1 gender.



T is for **Trans**, which means that the gender you were given as a baby is not the same gender that you feel yourself to be.



Q is for **Queer**, which is used to describe anybody who is not **heterosexual**.



Heterosexual means you are attracted to people who are a different gender to you.



The + in LGBTQ+ means any other gender or sexual orientation that is not on the list, like **asexual** or **intersex**.



Asexual or Ace means you are not attracted to anyone, or if you are it happens only sometimes.



Intersex means people who have both male and female parts of the body. They may be male, female or neither.

Why do we have an LGBTQ+ History Month?



LGBTQ+ people did not have the same **rights** as heterosexual people in the past.



Rights are things that every person should have by law. Like the right to be safe, the right to marry, the right to be respected.



This is because in the past many heterosexual people thought being LGBTQ+ was wrong, just because they were different.

LGBTQ+ people had to fight and work hard to:



- Get the rights they deserve.



- Be treated with the same respect as heterosexual people.



- Be heard and understood by heterosexual people.



- Feel safe to be themselves.

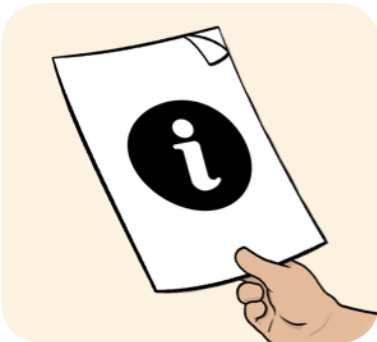
We use LGBTQ+ history month to:



- Remember all the LGBTQ+ people who have worked and fought hard for their rights.



- Continue to fight for the rights of LGBTQ+ people.



- Continue to share information about LGBTQ+ people and the challenges they deal with.



- Support people in countries where being LGBTQ+ is against the law.

For more information

For more information, you could look at these websites:



- www.stonewall.org.uk



- www.hrc.org/resources/glossary-of-terms



- www.nspcc.org.uk/keeping-children-safe/sex-relationships/sexuality-sexual-orientation

This Easy Read information was produced by easy-read-online.co.uk